

My Floodplan.

Name: _____

Date: _____

Address: _____

What do I do NOW?

- Identify who can help you and who you can help.
- Check if ditches, drains, pipes, etc. are maintained.
- If you have an insurance policy, check if it covers flood damage.
- Identify what you would need to take with you if you had to leave home.
- Complete a flood plan, keep it safe, take a photo and save in your phone.
- Assess how flood water could enter your property and how it could be stopped by permanent or temporary measures.
- Put important documents out of flood risk in sealed containers.
- Consider if others or pets require special assistance.
- Identify a suitable evacuation route to safety and a temporary refuge that avoids potential flooding elsewhere.

IDENTIFY KEY CONTACTS:

| Contact | Contact Number | Out of Hours Number |
|----------------------------------|----------------|---------------------|
| Local Authority | | |
| Local Garda station | | |
| ESB Networks | | |
| Irish Water | | |
| Gas Networks | | |
| Doctor | | |
| Insurance Co. and Policy number. | | |

IDENTIFY SERVICE CUT-OFF LOCATIONS:

| Service | Location Description |
|-------------|----------------------|
| Water | |
| Electricity | |
| Gas | |

IDENTIFY WHO CAN HELP / NEEDS HELP:

| Relationship | Name / Contact Details | How can they help / you help? |
|--------------|------------------------|-------------------------------|
| Relative | | |
| Friend | | |
| Neighbour | | |

Suggested items to include in a Flood Kit

- Torch and spare batteries
- Warm waterproof clothes
- Food & bottled water
- Toys for children
- Radio
- Wellingtons
- Medication & first aid
- Towel / blankets
- Rubber gloves
- Antibacterial wipes
- Items for pets

Other Items as required

- _____
- _____
- _____

What do I do when a flood or heavy rain is FORECAST?

- Install temporary defences such as sandbags, flood boards, polythene sheets
- Make a list now of what should be moved to safety
- Place important documents in heavy duty polythene bags and move to safety
- Move car away from flood risk area if safe to do so
- Weigh down or securely store large items in gardens
- Notify friends, family, employees and seek help if needed
- Plan your escape route in case you have to leave your home quickly
- Ensure there are adequate supplies of water and food
- Turn off electricity, water and gas supplies – ensure you can find them in the dark
- Move or raise furniture, electrical, personal and sentimental items away from the risk
- Roll up carpets and rugs, remove long curtains or hang over rails
- Clear external drains / ditches / gratings of silt & other debris
- Move chemicals to high shelves and ensure containers are secure to prevent pollution
- Locate and complete your flood kit
- Contact elderly or mobility impaired neighbours to ensure they are prepared

What do I do during a FLOOD?

If a flood threatens your area you can minimise damage and risk through careful preparation, but personal safety should always be your first concern. In a flood situation ensure you do the following:

- Stay safe, don't take unnecessary risks and be aware of structural damage.
- Avoid contact with floodwater where possible as it is likely to be contaminated and/or polluted.
- Always wear suitable clothing when working in or near floodwater.
- Don't try to drive or walk through flood water, 300mm deep fast flowing water can move cars off the road.
- Take care when walking through shallow water, as there may be other unseen hazards such as open manholes.
- Never try to swim through fast flowing water as you may get swept away or struck by objects in the water.